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## **PURPOSE OF THE BREAKOUT GROUP TIME:**

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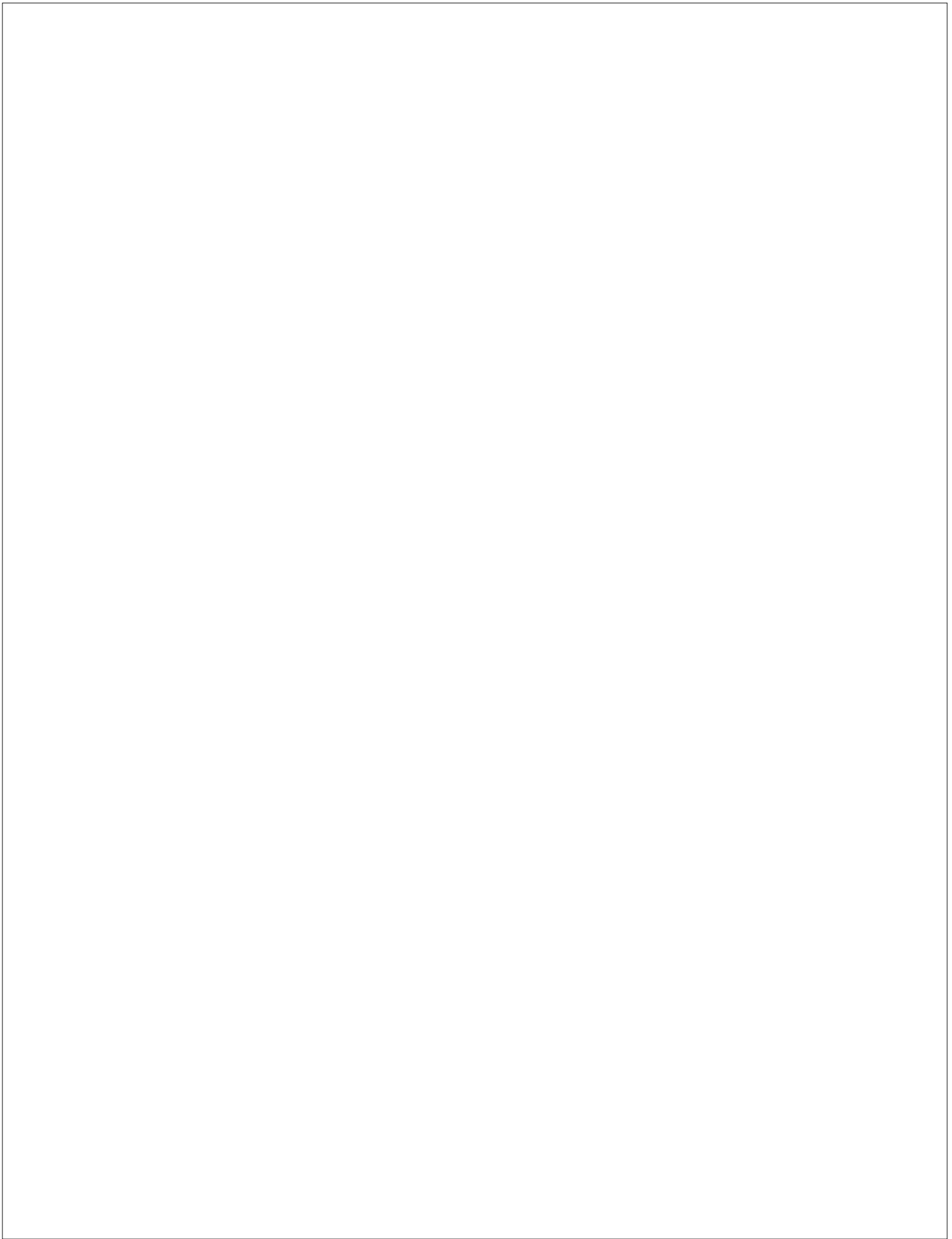
Breakout Group is a time in the afternoon where your church group comes together to apply what your students have been learning in a different way. This may include games, large group activities, individual introspective activities, and other methods. The goal for the Breakout Group is to get your students back together after their Power Group and continue processing what they are learning. Some students are great at learning in the classroom, but others need a more hands on approach. You know your students better than anyone else, so do what is best for them to get the most out of camp.

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## **HOW TO USE THE MATERIAL:**

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Each day you will have three different activities to choose from. Some people may choose to do one and others may choose to do all three. We do ask that your group do at least one of these activities. They have been written and cultivated to allow your students to begin to look at our main teaching point of the day from a different angle. Some of these activities may need to be adapted to work in the space that you have been provided by Pineywoods, but we believe that each one of these activities can be a great resource for your ministry.



# Breakout Session 1

*Main Teaching: We have access to God's restored Kingdom.*

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## OPTION 1 - LARGE GROUP ACTIVITY

*Families*

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**[Purpose]** See that our common bond is Jesus.

**[Set Up]** A large enough for your entire group to move around and group up.

**[Instructions]** Everyone writes a name of a famous person. It can be someone they like or even a completely random famous person. Do not let anyone know who you wrote down. Hand the names to the group leader. Group leader will then read all of the names aloud twice. Participants will need to memorize the names, no writing any down. Once all the names have been read twice the game will begin.

The way the game works is one person will start by picking a person in the group and trying to guess who they wrote down. If they guess correctly then that person will come and sit with them and they are a part of their family. If they guess incorrectly, they are done guessing and the person who they called on is the person who's turn it is to guess. The goal of the game is to have the largest family. You cannot guess someone twice, but the heads of the families would have not been guessed, so if you guess who they wrote down, their entire family will become yours.

Play until everyone is a part of a family.

**[Spiritual Application]** People from all over came to see Jesus. They had different backgrounds, different interests, and different ailments. The one thing that brought them all together was Jesus. They wanted to see Him. They wanted to hear from Him. They wanted to touch Him.

We are in the same situation. We all have different stories and paths that have lead us to this moment, but the one thing that we all have in common is that we are here to meet with Jesus. PRAY

# Breakout Session 1

*Main Teaching: We have access to God's restored Kingdom.*

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## OPTION 2 - SMALL GROUP ACTIVITY

*Show and Tell*

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**[Purpose]** Thinking about how Jesus teaches.

**[Set Up]** A place to walk around outside. A place to gather to discuss what you find.

**[Instructions]** We learned about how Jesus would use various things that He came in contact with to teach people about the restored Kingdom. So we are going to collaborate and come up with some object lessons to teach each other about God's restored Kingdom.

Split up into groups of 6-10 each. Then each group will take a 5 minute walk out side looking for an object that they find lying around that they will then create a lesson about together. Once the object is found, they then have 5-10 minutes to come up with their lesson. It doesn't have to be long, but it does have to use the object in the lesson and it does have to teach about God. They will then present their object lesson to the group

**[Spiritual Application]** Thinking creatively is one of the best ways for students to reinforce what they are learning. Once they present their lessons ask them some questions about why they chose that object and why they chose that lesson? Allow their lessons to drive your discussion with them about seeing the restored Kingdom in each of our lives.

# Breakout Session 1

*Main Teaching: We have access to God's restored Kingdom.*

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## OPTION 3 - INDIVIDUAL ACTIVITY

*Meditate on the Teaching of Jesus*

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**[Purpose]** Learning the teachings of Jesus.

**[Set Up]** Space where each student can find their own space and not be distracted. Try to not let them go back to their dorms, because they will just fall asleep.

**[Instructions]** Each student will open their Bible to the Sermon on the Mount in Matthew 5-7. They will spend a significant amount of time reading through each section, pausing to reflect on each section, and then using God's Word and their reflection to say a prayer about each section. Most Bibles have bold headings that break up these sections, so if they do not have a bible with those natural breaks, you may want to assist them with where to pause. There are approximately 20 sections in these 3 chapters. Encourage your students to go through all of them during this meditative activity.

**[Spiritual Application]** When they are done, you can come back together and discuss what God said to them through this experience. If time does not allow this, then you can tell them to find an adult from your group and share with them 1 or 2 things that stuck out to them about the Teachings of Jesus and how they want to begin to apply these things to their lives.

## Breakout Session 2

*Main Teaching: Jesus is restoring broken lives.*

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### OPTION 1 - GROUP ACTIVITY

*Paper Ball Fight*

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**[Purpose]** Seeing that they are not alone in your questions.

**[Set Up]** Space where your entire group interact with one another. You may want to border off an area for the paper ball fight, but then have everyone get in a circle and read the questions.

**[Instructions]** Give everyone an entire sheet of paper and a pen. What they will need to do is write a question that they have always wanted to ask God. It can be anything, but understand that these questions will be read aloud at the end. Do not write your name on the paper, just your question.

When they are done have them wad the paper up in a ball. Once everyone is done and has their paper ball the fun will start. Play some loud music and let the chaos begin. It is a free for all!!! For 60 seconds, everyone will be allowed to throw the paper balls at each other. No teams, no one is out, just fun. When the time is up, everyone needs to grab a paper ball and sit down in a circle.

Have everyone keep their paper ball wadded up until you call on them. (If your group is larger than 30, you may want to split up into multiple groups). One by one, have each person open up their paper ball and read their question aloud. No need to answer the question, but you can if you feel like it would be appropriate.

**[Spiritual Application]** When you are done you may want to process this together. Talk about how we all have questions and God is not afraid of your questions. Talk about how important it is to understand that we are not alone in our struggles, just like the people surrounding Jesus on the mountain are not alone anymore. Make sure you take some time and pray. Many of your students have never said their questions out loud and assuring them that God is not mad at them is important.

## Breakout Session 2

*Main Teaching: Jesus is restoring broken lives.*

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### OPTION 2 - LARGE GROUP ACTIVITY

*Walk the Line*

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**[Purpose]** Seeing that they are not alone in their brokenness.

**[Set Up]** Space where your entire group can form 2 long lines. Possibly some worship music in the background so that it is not completely silent.

**[Instructions]** Split your group in half and get them to form two long lines facing each other forming an aisle to walk down. Identify one end of the lines as the end point that everyone will walk down towards (preferably the end that you will be standing while reading the prompts). Explain that you are going to read some prompts and if what you say applies to them, then they will “walk the line” by entering the aisle created by the two lines and then walking to the end of the line. After you walk down the middle of the line, you’ll just go the end of the line and whoever didn’t walk will just move to the front of the line. It will be a pretty consistent shuffle. Let them know that some of the prompts may be pretty heavy and that this activity is one where they are to remain silent the entire time. Tell them, “Some of these prompt statements may be things that you have never told anyone and have caused you a great amount of guilt and shame, but today is the day that you will take the leap of faith and boldly walk the line.”

[See Appendix for Walk the Line prompts]

**[Spiritual Application]** This is a sobering activity, but one that has the possibility to have a great impact on this week of camp. When you are done, split them up into groups so that they can process what just happened. Encourage them to ask these 2 questions. 1. What was the biggest thing that stuck out to you? 2. How can we pray for one another? After they discuss these things, then each group should pray for one another.

## Breakout Session 2

*Main Teaching: Jesus is restoring broken lives.*

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### OPTION 3 - GROUP ACTIVITY

*Note of Encouragement*

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**[Purpose]** Brokenness can cripple us, but encouragement can motivate people to move past that brokenness.

**[Set Up]** Space where each student can sit in a circle or some sort of continuous shape. They will need paper (card stock works best) and a writing utensil. If your group is larger than 25-30, you may want to split into groups that are max 30 people.

**[Instructions]** Explain to everyone that one of the things that the church is called to do is to exhort one another and this helps us from falling further into sin and shame (Hebrews 3.12-13). Many of us carry a lot of guilt and shame around with us, especially after what we talked about in our Power Groups. We are going to spend time together encouraging one another. Everyone needs to write their name on the top of their paper. When I tell you to, everyone will pass their paper to their left. You will then have a minute to write an encouraging note to the person who's name is at the top of the paper. You will continue passing the paper to your left until you get your paper back. Make sure that everyone knows that we are to be encouraging and if they can't say something nice, then don't write on the paper.

**[Spiritual Application]** When you are done and everyone has their paper, encourage them to read what people have said about them. Many students are curious as to who wrote what, but part of the exercise is to do this anonymously. Encourage your students to not go around asking what everyone wrote, but just to accept their exhortation. This is something that they can keep to remember that they are loved by God and by His people.



## Breakout Session 3

*Main Teaching: We have a purpose in the restored Kingdom.*

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### OPTION 1 - GROUP ACTIVITY

#### *Skits*

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**[Purpose]** To physically illustrate what life will be like when they go back home and attempt to apply what they learned this week.

**[Set Up]** You will need some sort of stage of space for your skits to be performed. You will need separate space for each group to split up and come up with their skit. Find a way to split up your group for the skits so that they are not too big, but also so that you don't have 100 skits to watch.

**[Instructions]** Each group will have 15 minutes to come up with a skit that involves everyone in your group. It can be funny or serious and can depict failures or successes. The goal of your skit is to illustrate what your life will be like when you go back home and attempt to apply what God has done in your life this week. Each group will be 100% student led. Once your group comes up with the skit, each group will perform and our adults will be the judges.

**[Spiritual Application]** Sometimes when we take a look at something from a different perspective it can help us to understand what we are getting ourselves into. When you go back home, life will get real. Recognizing this fact can help you to prepare for what will be coming your way and allow you to make a game plan to stay walking with God.

## Breakout Session 3

*Main Teaching: We have a purpose in the restored Kingdom.*

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### OPTION 2 - GROUP ACTIVITY

*Worship*

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**[Purpose]** Cultivate a desire to be in the presence of God

**[Set Up]** Space where your entire group can gather together and sing. You don't need instruments, but if you have someone who can lead you and feel like that would be helpful, by all means do that. Select 3-5 songs that your students know and spend some time singing together.

**[Instructions]** Students love to sing and camp is a great place to do that. God has broken some chains in your students lives and now is a time for them to sit back and worship Him for being amazing. Create, as best you can, an environment where everyone can eliminate the distractions around them and truly worship God together. Spend as much time as you need cultivating this idea of worship with your students and then begin to sing and pray together.

**[Spiritual Application]** The people of God have and will always be a singing people. This is one of the things that separates us from so many other religions. We can sing because we have hope. We can sing because our God reigns. We will be singing for eternity. Help instill in your students these truths.

## Breakout Session 3

*Main Teaching: We have a purpose in the restored Kingdom.*

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### OPTION 3 - INDIVIDUAL ACTIVITY

*Prayer & Journaling*

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**[Purpose]** The contemplate the teachings of this week and listen for the voice of God.

**[Set Up]** Space where each student can find their own space and not be distracted. Need a Bible and Journaling page from appendix.

**[Instructions]** SAY: It is easy in a week long camp to always be distracted by everything that is offered. We want to take a few minutes and be still before the Lord. Just like the people who gathered around Jesus, we all come from different places and God is speaking different things over us. Before we leave tomorrow, I want you all to have a clear picture of what God is calling you into.

Everyone needs to find a place where they are comfortable and not distracted. You will need your your Bible and pen. I will hand out a journaling page that I want you to go through. It will have some prompts for you to think through and answer. (For those people who are not interested in journaling, you can use the other page in the appendix that is the SWORD Bible study method.) Please do not rush through this. Take your time. Pray over every answer. Some of you may be uncomfortable with some of the questions and even some of the answers that God is asking of you.

**[Spiritual Application]** Taking time to write down the things that God is challenging us to do is so important. If we cannot identify what it is that God is calling us towards, then it will be even more difficult to walk in our purpose. Many people are uncomfortable with these kind of things, but the people of God have been writing down the things God is telling them since the beginning of time.

# Appendix

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## WALK THE LINE

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1. Walk the line if you have traveled out of the country
2. Walk the line if you have ever broken a bone
3. Walk the line if you have ever told a joke and nobody laughed.
4. Walk the line if you have ever been lost and refused to ask for directions
5. Walk the line if you are the oldest sibling
6. Walk the line if you have ever bombed a test
7. Walk the line if you have ever been lied to
8. Walk the line if you have ever doubted God or have been angry at God
9. Walk the line if you are insecure about sharing the gospel with other people
10. Walk the line if you are holding on to or forgiving someone in your past.
11. Walk the line if you are having trouble forgiving yourself
12. Walk the line if you are currently in a fight with someone you are close to and haven't settled things
13. Walk the line if you have ever been made fun of for your faith
14. Walk the line if you come from a single-parent, divorced or broken home
15. Walk the line if you have been affected by alcohol or drug abuse by a family member or someone close to you
16. Walk the line if you have ever been afraid to go home
17. Walk the line if one of your family members has ever battled cancer or a life-threatening disease?
18. Walk the line if you have ever been told that you aren't smart enough to go to college or achieve something with your life.
19. Walk the line if you have lost a family member or close friend
20. Walk the line if you have ever struggled with being good enough for God
21. Walk the line if you feel like you are wearing a mask
22. Walk the line if you have ever been put down because of your weight
23. Walk the line if you have ever struggled with self-image or fitting in
24. Walk the line if you have ever felt alone
25. Walk the line if you have ever dealt with anger issues or have been the victim of someone who does.
26. Walk the line if you have been made fun of for the way that you dress
27. Walk the line if you feel like you haven't lived up to your parents standards
28. Walk the line if you have been made fun of by someone in this room
29. Walk the line if you have made fun of someone in this room
30. Walk the line if you have ever struggled with issues about your sexuality
31. Walk the line if you have ever thought about hurting yourself
32. Walk the line if you never realized how many people struggle with what you are struggling with
33. If you wanted to step across the line at some point, but chose not to out of fear, here's your chance, walk the line.

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## JOURNALING PAGE

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READ: Matthew 5.1-12

PRAY: Spend some time asking God to clear your mind and work in your heart through this process.

ANSWER:

What are three things that God has taught you this week:

- 1.
- 2.
- 3.

What are two things in your thinking that God has revealed to you that were wrong ways of thinking?

- 1.
- 2.

Which person(s) do you identify with the most in this passage?

What are a few things in your life that make you feel like you identify with them?

How are you going to begin to live in the restored version of this kind of life?

What do you love to do?

What are you good at doing?

What is God calling you to do?

How can you use your passions and talents do fulfill your purpose?

Is there any sin that you have not confessed to the Lord this week? If so, spend some time now confessing it to Him and remembering the Gospel S's. (Sin. Separation. Sacrifice. Surrender. Sent)

# SWORN

Bible Study Method

*What does this passage say about God?*

*Is there a SIN to avoid?*

*Is there a EXAMPLE to follow?*

*Is there a PROMISE to claim?*

*Is there a COMMAND to obey?*



*What does this passage say about man?*

*Summarize the passage in 15 words or less:*