

PowerPlus Youth Camp – Session 3 Menu
July 13-17, 2026

DINING HALL

Monday	Supper -	Pasta GF V , Parmesan Chicken, Marinara Sauce GF DF V , Garlic-Cheddar Biscuits V , Green Beans GF V , Salad, Cheesecake w/strawberries V
Tuesday	Breakfast -	Biscuits V , Gravy V , Eggs w/ Cheese GF V , Sausage GF DF , Breakfast Potatoes GF DF V , Fruit, Yogurt, Cereal
	Lunch -	Chicken Sandwiches: Grilled Chicken GF DF , Buns DF V , Cheese Slices GF V , Lettuce, Tomato, Onion GF DF V , French Fries GF DF V , Salad, Brownies V
	Supper -	Loaded Baked Potatoes: Baked Potato GF DF V , Ham GF DF , Grilled Onions GF DF V , Fried Okra DF V , Salad, Peach Cobbler DF V w/Ice Cream GF V
Wednesday	Breakfast -	Breakfast Tacos: Tortillas DF V , Eggs GF V , Bacon GF DF , Muffins DF V , Fruit, Yogurt, Cereal
	Lunch -	Rope Sausage GF DF , Pretzel Bun DF V , Cheese Sauce GF V , Tator Tots GF DF V , Salad, Italian Ice GF DF V
	Supper -	Fajita Beef + Veggies GF DF , Tortillas DF V , Refried Beans GF DF V , Chips GF DF V , Chili Cheese Dip GF , Salad, Churros V
Thursday	Breakfast -	French Toast Sticks V , Eggs w/Cheese GF V , Syrup GF DF V , Sausage GF DF , Fruit, Yogurt, Cereal
	Lunch -	Philly Cheese Steak GF DF , Ciabatta Bun DF V , White Cheese Sauce GF V , Wedge Fries DF V , Salad, Snickerdoodle Bars V
	Supper -	Drumsticks GF DF , Rolls DF V , BBQ Sauce GF DF V , Baked Beans GF DF , Steamed Carrots GF DF V , Salad, White Cake w/Bettercreme V
Friday	Breakfast -	Kolaches, Eggs GF V , Breakfast Fries GF DF V , Oatmeal GF DF V , Fruit, Yogurt, Cereal

GF – Gluten Free DF – Dairy Free V – Vegetarian

PowerPlus Youth Camp – Session 3 Menu
July 13-17, 2026

TAQUERIA

Monday	Supper -	Chicken Wraps: Tortillas DF V , Fried Chicken Tenders DF , Lettuce & Diced Tomato GF DF V , Chips, Cookies V
Tuesday	Breakfast -	Breakfast Tacos: Tortillas DF V , Eggs w/bacon GF ,
	Lunch -	Hot Dogs, Buns DF V , Chips, Cookies
	Supper -	Tacos: Taco Meat w/ Beans GF DF , Tortillas DF V , Lettuce & Diced Tomato GF DF V , Chips, Cookies V
Wednesday	Breakfast -	Breakfast Tacos: Tortillas DF V , Eggs w/Chorizo GF
	Lunch -	Turkey GF DF , Sub Buns DF V , Cheese Slices GF V , Lettuce & Diced Tomato GF DF V , Chips, Cookies
	Supper -	Corndogs, Chips, Cookies V
Thursday	Breakfast -	Tortillas DF V , Eggs w/ Sausage GF
	Lunch -	Pulled Pork GF DF , Buns DF V , Chips, Cookies
	Supper -	Frito Pie: Fritos GF DF V , Chili GF DF , Cookies V
Friday	Breakfast -	Breakfast Tacos: Tortillas DF V , Eggs GF V , Breakfast Potatoes GF DF V

PIZZERIA

Breakfast

- **Tuesday** – Cinnamon Rolls **V**, Fruit, Yogurt
- **Wednesday** – Bagels **DF V**, Fruit, Yogurt
- **Thursday** – Waffles **V**, Fruit, Yogurt
- **Friday** – Scones **V**, Fruit, Yogurt

Lunch & Supper

- Pizza (Pepperoni or Cheese), Cookies **V**
- Monday, Tuesday, Wednesday, Thursday

GF – Gluten Free DF – Dairy Free V – Vegetarian
--